



dedicated to your recovery...
soaring to results

Medical History Questionnaire

Name: _____ Today's Date: _____

Physician's Name: _____ Area of Speciality: _____

PAST MEDICAL HISTORY:

Have you *ever* had:

- Yes No Rheumatic Fever
- Yes No Heart Murmur
- Yes No High blood pressure
- Yes No Angina or chest pain
- Yes No Heart Attack
- Yes No Abnormal EKG
- Yes No Other heart trouble
- Yes No Diabetes
- Yes No Arthritis
- Yes No Disease of the arteries
- Yes No Varicose veins
- Yes No Asthma
- Yes No Lung disease
- Yes No Back injury
- Yes No Epilepsy
- Yes No Gout
- Yes No Surgeries

Have you *recently* had:

- Yes No Chest Pain
- Yes No Shortness of Breath
- Yes No Dizziness, faintness,
or loss of consciousness
- Yes No Heart palpitations
- Yes No Cough on exertion
- Yes No Kidney problems
- Yes No High cholestrol
- Yes No High blood pressure
- Yes No Breathlessness at rest
- Yes No Coughing up blood
- Yes No Disability of feet,
ankles, knees, hips,
and/or neck
- Yes No Swollen and stiff
painful joints

If you checked any of the above, please explain: _____

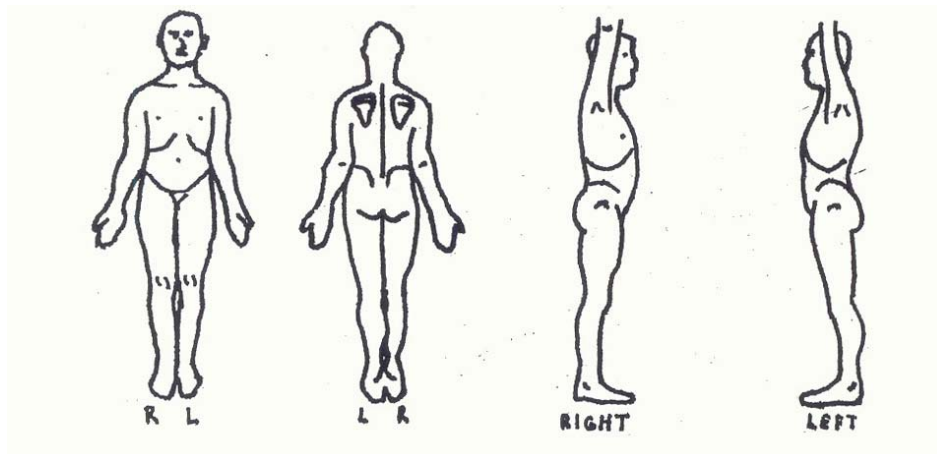
Do you have any medical problems that would limit your ability to exercise?

Yes No

If yes, please explain: _____



PATIENT HISTORY (SELF REPORT)



Where are your symptoms located? (Darken areas on body above)

1. When did your symptoms begin? _____
2. Circle the words that best describe your symptoms: aching, burning, tingling, stabbing, throbbing, numbness
3. Are your symptoms due to an accident or trauma? (Describe)

4. What makes you feel better? _____
5. What makes you feel worse? _____
6. Please list any relevant medical history/medications and dosages:

7. Please list any diagnostic test results (X-rays, MRI, CT Scan, Myelogram, etc.):

8. Please list any interventions prior to physical therapy (injections, splints, medications, etc.): _____